

# SONIC

## MAGAZINE

### Celebrating Linguistic Diversity

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idhhc.ca  
250-592-8144

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# Letter From the Executive Director

## WELCOME TO THE FALL 2024 EDITION OF SONIC NEWS!

We are excited to have you on board as we share exciting updates, interesting features, industry insights, and a jam packed fall schedule of events and activities! We are also very excited to share that our new interactive website ([idhhc.ca](http://idhhc.ca)) will launch in late August, so you won't miss getting more information about everything IDHHC!

We hope this edition will spark your curiosity to join a workshop, take a class, or learn something new about our services to gain a deeper understanding of our mission, values, and the difference we strive to make in the lives of those we serve.

Our goal is to inspire and provide you with a connection to our cause and a sense of the community that unites us all. Your feedback and engagement are not only welcome but important to us, so if you have any questions, thoughts, or ideas to share, please feel free to reach out to us at [idhhc@idhhc.ca](mailto:idhhc@idhhc.ca) or 250.592.8144.



Wishing you a great reading experience!

**Denise Robertson**

Executive Director

Island Deaf + Hard of Hearing Centre

### IDHHC Contact information:

#### Victoria

301-3960 Quadra St.

#### HOURS:

Monday-Friday

8:30AM - 4:30PM

E: [idhhc@idhhc.ca](mailto:idhhc@idhhc.ca)

P: 250.592.8144

#### Nanaimo

102-6588 Applecross Rd.

#### HOURS:

Monday-Thursday

8:30AM - 4:30PM

E: [nanaimo@idhhc.ca](mailto:nanaimo@idhhc.ca)

P: 250.753.0999



[idhhc.ca](http://idhhc.ca)

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## IDHHC ACKNOWLEDGES:

Our offices are situated on the traditional territory of the Coast Salish, Nuuchahmuls, and Kwakwaka'wakw peoples whose historical relationships with the land continue to this day.

We are grateful for their stewardship and preservation of the land where we live, work, and provide service to a diverse client base.

# News From the Inside

## WELCOME TO OUR NEW TEAMMATES!

At IDHHC our people are our success and we are excited to welcome three new amazing members to our team.



**Zahra Bhaijee,**  
Booking  
Coordinator

Zahra Bhaijee joined us in April 2024 and brings her amazing communication skills to the role of booking coordinator with the Interpreting Services program. Her role with us is to help ensure that Deaf and hard of hearing clients have access to ASL interpreters and captions for meetings, event and activities. Zahra has been involved with various organizations over the years, showing her dedication to accessibility and to education.



**Patrick McCann,**  
Audiologist

Patrick McCann earned his master's degree in audiology from Dalhousie University in Halifax, in 2016.

He has since worked in the Qikiqtaaluk (Baffin) region of Nunavut. Based in Iqaluit, he also had the opportunity to fly to hamlets across the region for travel clinics. Following his time in Nunavut, he served as an audiologist for the Government of Yukon in Whitehorse for four years.

Patrick looks forward to meeting and serving the community at IDHHC.



**Jon LePas,**  
Employment  
Services

Jon LePas brings a wealth of experience to his role as the newest member of the Employment Services Team at Island Deaf + Hard of Hearing Centre.

With over 29 years of dedicated service in supporting individuals with developmental disabilities to access technical resources and integrate into their communities, Jon is deeply passionate about helping people.

Jon completed 3 years of VISTA ASL, and having a culturally Deaf family member, he brings a strong understanding of Deaf culture to his role.

## Be the first to know!



Sign up for **monthly IDHHC updates** including new workshops, events and ASL classes. Visit: [idhhc.ca](http://idhhc.ca)



# Volunteer Spotlight

## MEET SANDRA BONDE-THORPE

Sandi has been a long-term supporter of IDHHC and advocate for services for the Deaf Community throughout mid Vancouver Island. She has also been a volunteer since long before she moved to the Island. "There was a Deaf club there that I helped with, as well as Girl Guides when my daughters were young, volunteered in their classrooms, Candy Strippers coordinator for Royal Inland Hospital etc.."

She has deep roots and extensive networks on the Island and was always ready to collaborate and to build relationships between Deaf and hard of hearing adults and IDHHC. Her involvement with IDHHC began when the Nanaimo branch office opened in 1992. Over the years Sandi has volunteered in the office and for countless agency events. When Sandi was asked why she has given her time so generously to organizations such as IDHHC, she responded with:

*"I'm always willing to help out where and when I can. I believe that volunteering is a great way to give back to the community and many organizations wouldn't survive without their volunteers."*



**This year IDHHC has appointed Sandra as our Honorary Lifetime Member for 2024.**

# Sound of Change- The Latest News

## MILESTONES IN A UNIQUE INITIATIVE

Eight years later, and the Sound of Change (SoC) Initiative is going stronger than ever, and we are both proud and excited by that! In April of 2016, with 20 participants, IDHHC launched SoC to test the idea of supporting low-income individuals in our community. In the first four years, 445 people received 800 **free** refurbished hearing aids and we have had consistent growth ever since. This past June, our Victoria office fit a record 40 hearing

aids in one month! With over 1000 clients seen, 400 returning clients, and over 2100 **free** refurbished hearing aids, we have given away retail value of almost \$6 million dollars!

Since the very beginning, we have received amazing community support from those who have donated funds, hearing aids, and technology to be refurbished. We cannot thank you enough for supporting this amazing initiative that has improved

the quality of life for so many in our community. We hope you will continue to support and share this opportunity with anyone you think might benefit.



**Amanda Windle**  
IDHHC Director of Operations  
and Client Services



## For over 30 years Island Deaf + Hard of Hearing Centre has been Vancouver Island's trusted source for hearing health

- + Experience a full-service hearing clinic with registered Audiologists.
- + Access in house support services and workshops.
- + Choose from a full range of hearing aids, assistive technology, and devices.
- + Support a local non-profit.



# Audiology & Hearing Health Services

## EDUCATION- INSIDE AND OUT

### HHS Updates:

As always, the HHS team is focused on education. We strive to educate ourselves to provide the best evidence-based care we can and to share our knowledge with you to become better advocates for your own hearing health.

+ Educating ourselves: our audiologists travelled to Vancouver to attend the SAC conference in May, and the ACIA conference with the St. Paul's CI team in July.

+ Educating the public: we presented webinars on hearing aid care and Bluetooth technology, hosted experts in the field of tinnitus and cochlear implants and expanded the Speech Reading program to offer classes throughout the island. Our tech guru, Kelsey, is busier than ever providing one-on-one tutoring with all things tech.

### Team Updates:

+ Audiologist, Patrick McCann, joined the Victoria team in April and is settling into his new role.

+ We wish IDHHC Nanaimo's Audiologist, Carmen Sarich, luck as she leaves to begin medical school training in August.



**Edward Storzer**  
IDHHC Audiologist

# International Day of Sign Language

## Honoring Diversity, Identity + Rights

International Day of Sign Languages is celebrated on September 23rd every year. This date was first recognized in 2017 by the United Nations General Assembly because it marks the anniversary of the establishment of The World Federation of the Deaf (WFD) in 1951. The date was chosen to recognize and celebrate the importance of sign languages in achieving the full realization of human rights for Deaf people and is part of broader efforts to promote and protect the linguistic identity and cultural diversity of all Deaf people and other sign language users. The main goals of International Day of Sign Languages are:

- 1. Promote Sign Languages**  
Encourage the use of sign languages in both public and private life.
- 2. Raise Awareness**  
Increase public awareness of the issues faced by Deaf people everywhere.
- 3. Human Rights Advocacy**  
Promote the human rights of Deaf people and advocate for equal access to education, employment, and public services.
- 4. Celebration of Linguistic Diversity**  
Celebrate the unique cultural and linguistic identity of Deaf communities.

**Kristi Falconer**  
IDHHC Communication  
Services Manager



## WHAT ARE DEAF INDIVIDUALS SAYING?

### Why is the Sept 23 International Day of Sign Language, important?

**By Vinu Chetipurackal**

The International Day of Sign Languages on September 23rd is very important for recognizing the significance of sign languages and promoting the linguistic identity and cultural diversity of Deaf, DeafBlind and Hard of Hearing people worldwide. It emphasizes the need for inclusion, equality, and the recognition of sign languages as fundamental human rights.

**By Sheila Kay Ferguson**

I think it's very important because we as Deaf people have a right to be seen and treated as equals not less than. We have rights across all areas of life, including EQUAL opportunity and ACCESSIBILITY!!!!

**By James Warwick Sr.**

International Day of Sign Language celebrates and

shows the world that sign language is important and it is how we as Deaf people communicate. It confirms for parents with Deaf children that sign language is an important communication tool. Adult Deaf role models are crucial for younger deaf children.

### What does this year's theme "Sign up for Sign Language Rights" mean to you?

**By Susanne Harnden**

Valuing and recognizing sign language connects the Deaf community with the wider society by breaking down barriers and creating a more inclusive and engaged community. We rely on visual communication, our group identity where we can share common experiences. Having a shared language allows us to bond, to love and to trust.

**By Christine Ehrlich-Brady**

More and more hearing people are taking sign language classes which means that more people can sign with us. WFD have on their website information on the Declaration on the Rights of Deaf Children which outlines that early access to sign language for children is so important for their learning. Don't be afraid to have your child learn sign language. Celebrate sign language!

**By Vinu Chetipurackal**

This year's theme focuses on advocacy, empowerment, awareness, underscores the importance of active participation. It serves as a powerful reminder of the ongoing struggle for recognition and inclusion, inspiring me to advocate for American and Indigenous sign language rights. This ensures that Deaf, DeafBlind and Hard of Hearing individuals can fully participate in society without facing communication barriers.

World Federation of the Deaf is an international organization that represents and advocates for the rights of Deaf people all over the world. To learn more, check out their website at [wfdeaf.org](http://wfdeaf.org) Information is also available at [cad-asc.ca](http://cad-asc.ca)

**Want to stay engaged? Become a member at IDHHC! Take an ASL class, attend a workshop, join an event, + together we can celebrate linguistic diversity!**



# Employment Services, The Latest Trends

## IDHHC HELPS AS LOCAL UNEMPLOYMENT RATES RISE

If you feel as though it is a little harder to find the right job these days, it is not your imagination.

Canada's unemployment rate rose this past season because as technology advances and populations increase, employers can afford to be choosier. The skill of Adaptability is now the skill of the moment. Other soft skills that are also at the top of the

list include communication, active listening, customer service, leadership, and creativity.

This season, our workshops will help you gain the skills to adapt, create, and care for others so you can successfully compete for jobs and thrive in increasingly complex jobs. As always, working with one of our Employment Case Managers is a great

way to stay motivated and feel supported in your job search.



**Kim Dillon**  
IDHHC Employment  
Case Manager

# Do/Don't Get Lost In Interpretation

## TIPS FOR GREAT COMMUNICATION

Working effectively with sign language interpreters is essential for facilitating clear communication as both the hearing and Deaf individual require the interpreter's services. Here are some do's and don'ts to keep in mind:

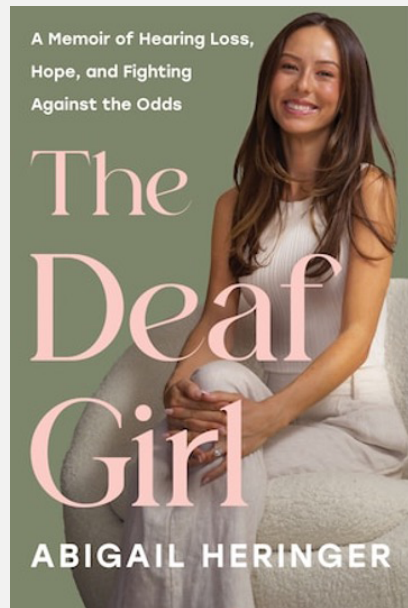
- 1. Do Book Early**  
Interpreters are in high demand.
- 2. Do Provide Material In Advance**  
such as agenda, powerpoint and speaking notes.
- 3. Do Speak Clearly And Use The 1st Person**  
"I'm happy to meet with you today".
- 4. Do Maintain Eye Contact**  
Maintain eye contact with the Deaf Person.
- 5. Do Position Properly**  
Ideally the interpreter faces the Deaf individual and sits/stands beside and slightly behind the hearing person.
- 1. Don't Look At The Interpreter When Talking**  
Remember who you're talking to.
- 2. Don't Speak To The Interpreter**  
Don't speak to the interpreter as a participant in the interaction
- 3. Don't Speak Too Fast Or Too Slow**  
Speak at your natural pace
- 4. Don't Assume That Deaf People Can Lipread**  
Everyone has different skills; if you don't know, ask.

**Kristi Falconer**  
IDHHC Communication  
Services Manager



To book an interpreter  
for your meeting or  
event, send us an email:  
[interpreting@idhhc.ca](mailto:interpreting@idhhc.ca)

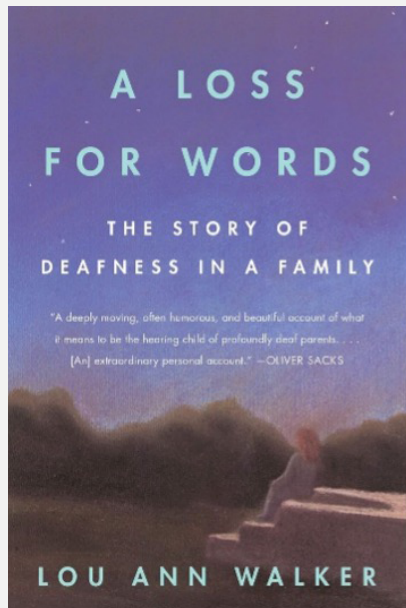
# Books to Get Excited About This Autumn



**The Deaf Girl:**  
A Memoir of Hearing Loss, Hope, and Fighting Against the Odds

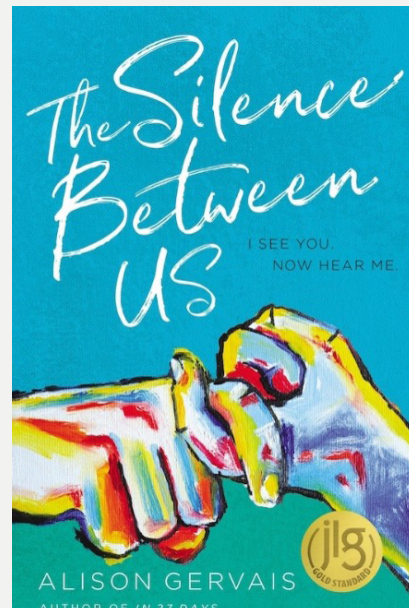
Abigail Heringer, a fan-favorite from *The Bachelor*, shares her journey of growing up deaf and feeling like an outsider in both hearing and Deaf communities.

Initially introverted and fearful of her disability defining her, Abigail ultimately embraced her identity with the support of her family, particularly her deaf sister. Her memoir, *The Deaf Girl*, highlights her transformation into a confident advocate, inspiring others to embrace their differences.



**A Loss for Words:**  
The Story of Deafness in a Family

From the time she was a toddler, Lou Ann Walker was the ears and voice for her deaf parents. Their family life was warm and loving, but outside the home, they faced a world that misunderstood and often rejected them.



**The Silence Between Us**  
Schneider Family Book Award, Best Teen Honor Book 2020

Contemporary fiction fans will find it hard to put down *The Silence Between Us*—a YA novel that doesn't shy away from real-life issues including the challenges faced by those in the Deaf culture, relationship struggles, communication problems, and complicated families.

Deaf teen Maya moves across the country and must attend a hearing school for the first time. As Maya looks past graduation and focuses on her future dreams, nothing, not even an unexpected romance, will derail her.

# Sound of Friendship

## WHY AM I A DONOR WITH IDHHC?

One day, I ran into a friend that I had not seen in a long time. We were colleagues for many years but had somehow lost touch. We were both excited to connect so we exchanged information and agreed to get together. A lunch was arranged but instead of the reunion I expected, our time was cut short when we had to leave the restaurant as my friend couldn't hear in the noisy environment.

As we left the restaurant, she explained that she had a significant hearing loss, was no longer able to work, and did not have money to buy hearing aids. She was notably different than the person I worked with for so many years and she explained how isolated she had become.

Within about 4 months she found IDHHC, the Sound of Change program, and a whole new world opened

for her. The change in her was significant and the person I knew from years ago had returned. Who could imagine what impact those little devices could have on someone's quality of life? I became a regular donor to IDHHC to support this life changing program that has amazing value for those that really need it!

**Anonymous**  
IDHHC Donor Since 2019

## Giving Looks Like:

- + Donating hearing aids for refurbishing
- + Purchasing hearing aids or technology where the profits support others in your community
- + Donating gifts of cash or securities
- + Legacy gifts supporting ongoing services

See how your gift can impact lives at [idhhc.ca/donate](https://idhhc.ca/donate)





# Don't miss these great fall activities!



## Celebrate the Harvest

Saturday October 5th, 10am - 2pm  
Firbank Farm, 2834 Island View Road,  
Central Saanich

An old-fashioned event for children at Firbank Farm in Central Saanich. Each child will be gifted a small pumpkin that they can decorate with feathers, stickers, and more to take home ready for your Thanksgiving table. There are lots of games all with a pumpkin theme, tic-tac-toe, pumpkin bowling, and ring toss and so much more. Also lots of autumn photo opportunities for you and your family and welcoming all families from across Vancouver Island.

This event is **BY DONATION** with all proceeds to Island Deaf and Hard of Hearing Centre to provide financial support to Island families with deaf & hard of hearing children when traveling to Vancouver to access services.



## Nanaimo Paint Night

Friday December 6th 6-9pm  
Delivered in person @IDHHC Nanaimo **\$25**

Help take the edge off your job search rollercoaster with a night of creativity and connecting in a fun and relaxed atmosphere.



## Stress Management for the Holidays

Friday, December 13th 6:30-8pm  
Delivered in person @IDHHC Victoria **FREE**

Learn, share, and practice fun breathing, stretching and calming exercises before the Holidays.

# IDHHC Fall Calendar

## Register Today By Phone or Email

for all workshops classes or events you can register by contacting us at either office

## Victoria:

250-592-8144  
idhhc@idhhc.ca

## Nanaimo:

250-753-0999  
nanaimo@idhhc.ca

## SPEECHREADING

### Let's Talk, Speechreading

**\$160** [**\$125 for IDHHC members**]

Struggling to understand people even while wearing your hearing aids? Let's Talk is a small-group speech reading (previously known as lip reading) and communications strategies course that helps people with hearing loss and their families communicate better. Let's Talk Some More, is for anyone that would like to continue building their speechreading skills after completing Let's Talk.

### Victoria (Let's Talk)

Tuesday, October 1st - December 3rd  
9:30am - 11:30am

### Victoria (Let's Talk Some More)

Thursday, October 3rd - December 5th  
1:30pm - 3:30pm

### Nanaimo (Let's Talk)

Thursday, October 3rd - December 5th  
10:00am - Noon

As a CI user and tech guru, Kelsey can assist with any of the above by explaining the complicated tech world in simple language and processes that are easy to follow and understand.

Be sure to let us know what your tech needs are when you register so Kelsey can be prepared for your appointment. See you on Mondays!

## Cochlear Implant Support Group

Last Wednesday of every other month,  
7-8:00pm, September 25th, Nov 27th

Delivered Online | **FREE**

This is a virtual support group for those who have cochlear implants and are seeking support and expertise from others regarding their cochlear implant journey and the strategies they use in their daily lives.

Captioning will be provided.

Ongoing registration.

## Hearing Better Together : Hearing Loss Support Group **FREE** | **Drop-in**

Last Thursday of every month, 10:30-11:30am (no session in December)

In person at IDHHC Victoria

A support group for hard of hearing persons. An opportunity to share your struggles and seek support from others who have been in your shoes. Meet once a month in-person. On occasion guest speakers may attend.

Captioning will be provided.

Ongoing registration.

## HEARING HEALTH

### Tech & Tips with Kelsey

Every Monday from 1-4:00pm  
at IDHHC Victoria (by appointment)

**\$15** (**\$10 for members**)

Do you need help or have questions about any of the following?

Hearing aid Apps, cellphone, iPad or tablet, laptop computers, CI tech support, Bluetooth devices, voice to text apps, any other technological device.

# IDHHC Fall Calendar

## SONIC PERSPECTIVES:

### An Audiologist Speaker Series In 4 Sessions

All sessions delivered Online with in person viewing space @ IDHHC Victoria or Nanaimo

**Register for one or for all four, \$10/session [FREE for IDHHC members]**

Join us for one or all of the four presentations as we explore the world of hearing health. IDHHC's audiology team as well as experts from around the province will help to educate and provide updated information on important subjects.

Captioning provided for all sessions.

### Sonic Perspectives – Session Topics

#### Session One: Why Is It So Hard To Hear In A Noisy Environment?

Tuesday, September 10th @ 12–1:00pm

Join our webinar with audiologist Dan Paccioretti, who has over 40 years of experience working with clients, conducting research, and teaching. He currently works as a consultant and trainer for Pacific Audiology group providing continuing education for hearing care professionals. Hearing in the presence of background noise is the number one complaint of hearing aid users. Dan will explain why it's so hard to hear in noise, why hearing aids aren't always enough, and what you can do about it.

#### Session Two: Unlocking the World of Hearing Loss and Hearing Aids

Thursday, October 10th @ 12–1:00pm

Are you curious about the intricate world of hearing health and hearing technology? Join us for an enlightening workshop that delves into the basics of hearing loss and the impact of hearing amplification. Discover how audiologists diagnose and categorize hearing loss and when medical referrals become essential. Explore the variety of hearing aids available and gain insights into what they can achieve. Our audiologists will guide you through the art of an accurate hearing aid fitting, sharing their skill on real ear measurements

– a critical step in ensuring optimal hearing aid performance. From understanding what hearing aids can and cannot do, to understanding the essential role they play in enhancing your auditory experience, this workshop will empower you with valuable knowledge for better hearing health.

#### Session Three: Ted Talk: Assistive Communication Devices

Thursday, November 14th @ 12–1:00pm

Join us for a presentation with Ted Clegg from Assistive Listening Device Systems (ALDS) where Ted will share the latest and greatest in assistive technology and how you can benefit from the many available devices. Ted will be focusing on amplified telephones and home alerting systems. He will also be available to answer any of your questions.

#### Session Four: Communication Strategies with Hearing Loss

Thursday, December 5th 12–1:00pm

Being able to connect and interact with people is dependent on our ability to communicate. Those with hearing loss struggle with verbal communication and it can be frustrating and isolating. This interactive workshop will focus on improving communication for people with hearing loss by using communication strategies.

**Register Today By Phone or Email**  
for all workshops classes or events you can register by contacting us at either office

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250-592-8144  
idhhc@idhhc.ca

**Nanaimo:**  
250-753-0999  
nanaimo@idhhc.ca

## EMPLOYMENT EVENTS

### Career Visioning

Thursday, September 19, 1:30–3:00pm

In person @IDHHC Victoria & Online

**\$10 (FREE for WorkBC Clients)**

What is the dream you have for your life? If you aren't sure, how do you find out what your dream is? Join renowned guest speaker Stacey McKinna for a session envisioning your dream. This will help you define your career goals and get set to reach them!

### Ai For Job Search For Deaf And Hard Of Hearing Job Seekers

Thursday, October 17th 1:30–2:30pm

In person @IDHHC Victoria & Online

**\$10 (FREE for WorkBC Clients)**

Use AI Apps, such as Chat GPT, to help you craft cover letters, scan your resume for key words and so much more.

### Career Change Through Transferrable Skills

Wednesday, October 23rd 1:30–2:30pm

Delivered online with viewing space @ IDHHC Victoria & Nanaimo.

**\$10 (FREE for WorkBC Clients)**

Learn how your transferrable skills could be used in other careers towards a new beginning!

### Retraining Opportunities

Wednesday, October 30th 1:30 – 2:30pm

Delivered online with viewing space @ IDHHC Victoria & Nanaimo

**\$10 (FREE for WorkBC Clients)**

This talk will provide you with a review of short-term certificates for in-demand jobs

### Job Search Tips for Mature Workers With Hearing or Language Difference

Thursday, November 14th 1:30 – 2:30pm

Delivered online with viewing space @ IDHHC Victoria & Nanaimo

**\$10 (FREE for WorkBC Clients)**

Tackle ageism head-on with tips for conveying your relevance in today's job market.

### Communication Skills In The Workplace For Deaf And Hard Of Hearing Workers

Wednesday, November 20th 1:30–3:00pm

In person @ IDHHC Victoria & Online

**\$10 (FREE for WorkBC Clients)**

Learn how to manage assumptions and expectations for all parties in the workplace

Check out the new [idhhc.ca](https://idhhc.ca) website this fall. Sign up for our newsletter and look for the dates and info for our upcoming **Holiday Celebration!**



# IDHHC Fall Calendar

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idhhc@idhhc.ca

**Nanaimo:**  
250-753-0999  
nanaimo@idhhc.ca

## CONVERSATIONAL ASL CLASSES

### Level One ASL

Level one is for anyone that wants to learn the basics of ASL. Content includes concepts such as ABC's, numbers, asking questions and so much more.

These classes are recreational ASL classes meant to teach the basics of conversing in ASL with signers; there are no certifications for these classes.

#### Victoria (8 sessions) \$145

Monday: Sept 23rd– Dec 2nd, 6–7:30pm  
\*no class Sept 30th, Oct 14th, + Nov 11th due to stats

Tuesday: Oct 1st– Nov 19th, 6–7:30pm

#### Nanaimo (8 sessions) \$145

Tuesday: Oct 1st–Nov 19th, 6–7:30pm

**Level Two ASL** is for anyone that has completed level 1 and is ready to learn more.

#### Victoria (8 sessions) \$145

Wednesday: Oct 2nd–Nov 20th, 6:30–8pm

#### Nanaimo (8 sessions) \$145

Thursday: Oct 3rd–Nov 21st, 6:00–7:30 pm

If you are interested in learning some signs in your office or workplace, would like a workshop on Deaf Culture & Sensitivity or want to find out how to make your community more accessible and inclusive for Deaf and hard of hearing, we will work with you to develop personalized classes or workshops to meet your needs. Call 250.592.8144 or email [communication@idhhc.ca](mailto:communication@idhhc.ca)

### ASL Refresher Classes

has it been months since you have taken your last ASL class? We are now offering refresher classes for those that would like a quick 2 class review of what was taught in their last ASL level.

#### Level One Refresher:

##### Victoria (2 sessions) \$40

Wednesday: Sept 18th + 25th, 3 – 4:30pm  
Wednesday: Sept 18th + 25th, 6:30 – 8pm

##### Nanaimo (2 sessions) \$40

Thursday: Sept 12th + 19th 6 – 7:30 pm

**Slow Paced ASL** is for those who want to learn ASL at a more relaxed pace.

#### Victoria Only (10 sessions) \$160

##### Level One:

Wednesday: Sept 18th–Nov 20th, 1–2:30pm

##### Level Two:

Wednesday: Oct 2nd–Dec 4th, 3–4:30 pm

# Partner Programs

## IDHHC + SILVER THREADS

After a successful spring session, IDHHC is pleased to continue our partnership with Silver Threads Victoria, a charitable, not-for-profit society that enhances social connection and well-being for individuals 55+. These classes / workshops are hosted at Silver Threads Quadra Street location and registration is through Silver Threads.

### Let's Talk

10 sessions of small group speechreading + communications strategies course. \$160 (\$125 for members) Thursdays from Oct 3rd – Dec 5th 9–11 am

### Tech Tips with Kelsey

As a cochlear implant user + tech guru, Kelsey can assist with your tech questions. She will explain the complicated tech world in simple language and processes that are easy to follow and understand.

Register online [silverthreads.ca](http://silverthreads.ca), by phone 250.388.4268, or in person at 1911 Quadra

## Kind Words From Happy Clients!

### Laird Taylor ★★★★★

“It is refreshing and edifying to have found competent, caring people whose mission is to help others rather than to maximize profits”

### Donna Gnam-Taal ★★★★★

“I was so impressed with the quality of service I received when I got my hearing aids. Testing, fitting & follow up; each of these steps was attended to with care. I particularly appreciated the fact that there was no sales pressure. Edward found the most effective hearing aids within my budget. He was so patient in explaining the use & care

of them. Ocean was always warm & welcoming at reception & was always able to either answer my question or find someone who could reply in a timely manner. What a great (dog friendly) atmosphere. Big thank you to Edward, Ocean & the IDHHC Team.”

Have you benefitted from IDHHC's team?

Consider Leaving your ★★★★★ Google review and help others find IDHHC's great services

# When Community Builds Community.

## Thank You to these Community Leaders for their Support



**VICTORIA  
FOUNDATION**  
CONNECTING PEOPLE WHO CARE



**Provincial Employees  
Community Services Fund**



**United Way  
Southern  
Vancouver Island**

To find out how you or your organization can support the important work of IDHHC, call 250.592.8144 or email us at [idhhc@idhhc.ca](mailto:idhhc@idhhc.ca) or you can Donate online at [idhhc.ca](http://idhhc.ca)

### IDHHC Contact information:

#### Victoria

301-3960 Quadra St.

#### HOURS:

Monday-Friday  
8:30AM - 4:30PM

E: [idhhc@idhhc.ca](mailto:idhhc@idhhc.ca)

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